NUTRITIONAL INFORMATION

	Common	Serving	Contains:	May Contain:	CALORIES	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBOHYDRATES (G)	DIETARY FIBER (G)	TOTAL SUGAR (G)	PROTEIN (G)
BAKERY														
Chocolate Chip Muffins	1.00	EA	Wheat, Soy, Milk, Egg	Tree Nuts	510	22	5	0	60	400	74	2	42	5
Blueberry Muffins	1.00	EA	Wheat, Soy, Milk, Egg	Tree Nuts	470	19	4	0	65	420	67	1	37	5
Pumpkin Muffins	1.00	EA	Egg, Milk, Wheat	Soybean, Treenuts	500	20	4	0	70	450	72	1	40	6
Chocolate Glazed Cake Donut	1.00	EA	Wheat, Soy, Milk, Egg		310	14	8	0	0	270	41	2	15	6
Glazed Donut	1.00	EA	Wheat, Soy, Milk, Egg		260	9	4	0	0	240	41	2	9	5
Maple Long John	1.00	EA	Wheat, Soy, Milk, Egg		330	15	9	0	0	290	42	2	14	7
Raspberry	1.00	EA	Wheat, Soy, Milk, Egg		330	14	8	0	0	250	47	2	22	5
Cinnamon Roll with Cream Cheese Icing	1.00	EA	Eggs, Milk, Soy, Wheat		750	37	17	0	50	1030	85	3	35	19
Killer Brownie Cookie Dough	1.00	EA	Milk, Soy, Wheat		540	24	15	1	55	470	79	2	54	5
Killer Brownie Triple Choc	1.00	EA	Milk, Soy		540	25	15	1	40	520	78	3	56	5
Kronut	1.00	EA	Wheat, Egg, Soy, Milk	Tree Nuts	410	27	14	0	0	240	35	1	9	5
Cannoli Chip & Dip	1.00	EA	Wheat, Egg, Milk		370	16	9	0	25	160	42	1	24	11
NY Cheesecake	1.00	EA	Milk, Eggs, Wheat	Almond, Cashew, Peanut, Pecan, Soy, Walnut.	350	22	13	1	85	370	32	1	22	6
Strawberry Cheesecake	1.00	EA	Milk, Eggs, Wheat	Almond, Cashew, Peanut, Pecan, Soy, Walnut.	350	21	12	1	85	360	33	1	22	6
BREADS														
Plain 6 Inch Wrap	1.00	EA			180	5	0	0	0	360	32	5	0	6
Biscuit	1.00	EA	Milk, Wheat		280	12	8	0	0	830	39	1	3	4
Ciabatta Roll	1.00	EA	Wheat	Milk, Soy, Egg, Sesame	270	3	0	0	0	720	49	2	1	9
Croissant	1.00	EA	Eggs, Milk, Soy, Wheat		200	9	4	0	5	220	26	1	2	4
Dinner Roll	1.00	EA	Soy, Wheat		100	2	0	0	0	190	19	1	2	3
English Muffins	1.00	EA	Soy, Wheat		140	1	0	0	0	260	28	1	1	5
Everything Bagel	1.00	EA	Wheat		330	2	1	0	0	730	68	4	9	11
Kaiser Rolls	1.00	EA	Soy, Wheat		160	2	0	0	0	320	30	1	2	4
Low Calorie Roll	1.00	EA	Soy, Wheat		100	1	0	0	0	170	22	5	2	5
Plain Bagel	1.00	EA	Wheat		310	1	0	0	0	630	67	4	9	11
Pretzel Roll	1.00	EA	Soy, Wheat		230	3	1	0	10	400	41	1	1	9
Potato Hot Dog Bun	1.00	EA	Soy, Wheat		150	2	0	0	0	250	28	<1	4	4
Rye Bread	1.00	SLICE	Wheat	Sesame	100	1	0	0	0	240	19	1	0	4
Waffle, Belgian Style	2.00	EA	Wheat, Milk, Egg, Soy		300	16	8	0	20	240	37	1	18	5
Pancakes	1.00	EA	Wheat, Milk, Egg	Tree Nuts	120	6	1	0	185	160	15	0	6	3
Wheat Bread	1.00	SLICE	Soy, Wheat		60	1	0	0	0	130	12	<1	<1	2
Wheat Kaiser Rolls	1.00	EA	Wheat	Soy	150	2	0	0	0	280	27	3	4	6
Wheat Sub Roll	1.00	EA	Wheat		260	3	1	0	0	400	49	5	6	10
White Bread	1.00	SLICE	Soy, Wheat		120	1	0	0	0	220	24	<1	2	3
White Sub Roll	1.00	EA	Wheat		230	3	1	0	0	570	44	1	1	8
Wrap, Multigrain	1.00	EA	Wheat		250	6	1	0	0	400	45	1	1	6
Wrap, Plain	1.00	EA	Wheat		260	5	3	0	0	530	47	2	1	8
Wrap, Red Pepper	1.00	EA	Wheat		260	5	3	0	0	560	48	2	1	8

NUTRITIONAL INFORMATION

CHEESE

	Common	Serving	Contains:	May Contain:	CALORIES	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBOHYDRATES (G)	DIETARY FIBER (G)	TOTAL SUGAR (G)	PROTEIN (G)
Cubed Cheese, Cheddar	1.00	OZ	Milk		120	10	6	0	30	200	0	0	0	7
Cubed Cheese, Pepperjack	1.00	OZ	Milk		10	9	6	0	30	190	1	0	0	7
Cubed Cheese, Swiss	1.00	OZ	Milk		120	9	5	0	30	55	0	0	0	8
Sliced Cheese, Cheddar	0.75	OZ	Milk		80	7	4	0	21	135	1	0	0	5
Sliced Cheese, Pepperjack	0.75	OZ	Milk		80	6	4	0	20	125	0	0	0	5
Sliced Cheese, Provolone	0.75	OZ	Milk		70	6	6	0	15	180	0	0	0	5
Sliced Cheese, Swiss	1.00	OZ	Milk		80	7	4	0	20	40	0	0	0	6
Sliced Cheese, White American	1.00	OZ	Milk, Soy		100	9	5	0	30	470	1	0	0	5
Nacho Cheese	2.00	OZ	Milk		70	5	3	0	0	560	6	0	1	0
Shredded Cheese	2.00	OZ	Milk		100	8	5	0	25	150	1	0	0	7
Grated Parmesan Cheese	1.00	EA	Milk		15	1	1	0	5	65	0	0	0	1

CONDIMENTS

Banana Peppers	1.00	TBSP			5	0	0	0	0	280	1	1	0	0
BBQ Sauce	2.00	TBSP			70	0	0	0	0	290	18	0	17	0
Blue Cheese Cup	1.00	EA	Milk, Egg		230	24	5	0	25	380	2	0	1	2
Boom Boom Sauce	2.00	TBSP	Eggs		150	16	3	0	15	250	2	0	2	0
Buffalo Sauce	1.00	TBSP			0	0	0	0	0	420	0	0	0	0
Caesar Dressing	2.00	TBSP	Eggs, Fish, Milk		130	13	3	0	10	350	2	0	1	1
Cocktail Sauce Cup	1.00	OZ	Soy		30	0	0	0	0	310	7	1	5	0
Cream Cheese, Plain	1.00	OZ	Milk		70	7	4	0	20	95	2	0	2	2
Cream Cheese, Plain Cup	1.00	EA	Milk		70	7	4	0	20	95	2	0	2	2
Cream Cheese, Strawberry Cup	1.00	EA	Milk		60	5	3	0	15	55	3	0	3	1
Garlic Seasoning	0.03	OZ			0	0	0	0	0	0	1	0	0	0
General Tso Sauce	2.00	TBSP	Soy		70	0	0	0	0	390	17	0	15	1
Green Peppers	1.00	OZ			4	0	0	0	0	56	1	0	0	0
Grape Jelly Packets	1.00	EA			35	0	0	0	0	5	9	0	8	0
Guacamole Cup	2.00	TBSP			70	6	1	0	0	120	3	2	0	1
Honey Packets	1.00	EA			25	0	0	0	0	0	7	0	7	0
Hot Dog Chili Sauce	1.00	OZ	Wheat, Soy		16	1	0	0	4	105	2	1	0	2
Hot Pepper Relish	1.00	OZ			5	0	0	0	0	390	1	1	0	0
Hot Sauce	1.00	TSP			0	0	0	0	0	190	0	0	0	0
Hot Sauce Packet	1.00	EA			0	0	0	0	0	110	0	0	0	0
Italian Dressing	2.00	TBSP			110	12	2	0	0	270	2	0	2	0
Italian Seasoning	0.01	OZ			0	0	0	0	0	0	0	0	0	0
Jalapenos, Sliced	1.00	OZ			5	0	0	0	0	600	0	0	0	0
Ketchup	1.00	TBSP			20	0	0	0	0	180	5	0	4	0
Ketchup Packets	1.00	EA			10	0	0	0	0	95	3	0	2	0
Lettuce	3.50	OZ			15	0	0	0	0	28	3	1	1	1

NUTRITIONAL INFORMATION

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Liquid Butter	1.00	TBSP	Soy		120	14	3	0	0	110	0	0	0	0
Mango Habanero	1.00	TBSP			25	0	0	0	0	90	6	0	6	0
Marinara Sauce	4.00	OZ			40	1	0	0	0	210	7	2	5	2
Mayo	1.00	TBSP	Eggs		100	11	2	0	5	70	0	0	0	0
Mayonnaise Packets	1.00	EA	Eggs		80	8	2	0	5	80	1	0	0	0
Mikes Mayo	1.00	TSP	Eggs		100	11	2	0	10	80	0	0	0	0
Montreal Steak Seasoning	0.03	OZ			0	0	0	0	0	180	0	0	0	0
Mustard Jug	1.00	TSP			0	0	0	0	0	55	0	0	0	0
Mustard Packets	1.00	EA			0	0	0	0	0	0	0	0	0	0
Olive Oil	1.00	TBSP			126	14	1	0	0	0	0	0	0	0
Pickles, Sliced	1.00	OZ			0	0	0	0	0	260	0	0	0	0
Parmesan Cheese Packet	1.00	EA	Milk		15	1	1	0	5	65	0	0	0	1
Ranch Dressing	2.00	TBSP	Milk, Eggs		100	11	2	0	10	250	1	0	1	0
Red Wine Vinegar	1.00	FL OZ			5	0	0	0	0	0	0	0	0	0
Salsa	3.50	OZ			40	0	0	0	0	340	8	3	5	2
Sauerkraut	1.00	OZ			5	0	0	0	0	160	1	1	0	0
Old Bay	0.04	OZ			0	0	0	0	0	140	0	0	0	0
Sliced Mushroom	1.00	OZ			0	0	0	0	0	2	1	0	0	1
Red Onion Slab	3.50	OZ			44	0	0	0	0	1	10	2	6	1
Sour Cream	1.00	EA	Milk		60	5	4	0	20	15	1	0	1	1
Sweet & Sour Sauce	4.00	TBSP	Soy		70	0	0	0	0	300	17	0	14	0
Sweet Peppers	1.00	OZ			20	0	0	0	0	230	4	0	4	0
Sweet Relish	2.00	TBSP			35	0	0	0	0	300	8	0	5	0
Syrup Packets	1.00	EA			80	0	0	0	0	55	20	0	10	0
Taco Sauce Packets	1.00	EA	Soy	Wheat	5	0	0	0	0	120	1	0	0	0
Tartar Sauce Packets	1.00	EA	Eggs, Soy		45	5	1	0	5	120	1	0	1	0
Teriyaki Sauce	1.00	TBSP	Soy		20	0	0	0	0	300	5	0	4	0
Nashville Hot Seasoning	0.60	Gram			0	0	0	0	0	45	0	0	0	0
Martins BBQ Seasoning	1.00	Gram			3	<1	<1	0	0	58	<1	<1	<1	<1
Spicy Pineapple Teriyaki Sauce	1.00	TBSP	Wheat, Soy, Sesme		20	0	0	0	0	170	5	0	4	0
Garlic Parmesan Sauce	1.00	TBSP	Milk , Soy		40	4	1	0	0	220	1	0	0	0
Honey Mustard	2.00	TBSP	Eggs		160	15	3	0	10	140	8	0	8	0
Thousand Island Dressing	2.00	TBSP	Eggs		120	11	2	0	5	220	4	0	4	0
Tomato	1.00	EA			12	0	0	0	0	3	2	1	2	1
Whipped Butter	1.00	TBSP	Milk, Soy		729	81	34	1	9	789	1	0	1	1

CREAMER

Creamer, Birthday Cake	1.00	TBSP	Milk Derivatives	Tree Nuts, Soy	35	2	1	0	0	10	5	0	5	0
Creamer, Caramel Macchiato	1.00	TBSP	Milk Derivatives	Tree Nuts, Soy	35	2	1	0	0	10	5	0	5	0
Creamer, Cinn Churro (seasonal)	1.00	Tbsp			35	2	1	0	0	10	5	0	5	0
Creamer, Caramel Waffle Cookie (seasonal)	1.00	TBSP	Milk Derivatives	Tree Nuts, Soy	35	2	1	0	0	10	5	0	5	0
Creamer, Coco Pebbles (seasonal)	1.00	TBSP	Milk Derivatives	Tree Nuts, Soy	35	2	1	0	0	10	5	0	5	0

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Creamer, Cold Stone Sweet Cream (seasonal)	1.00	TBSP	Milk Derivatives	Tree Nuts, Soy	35	2	1	0	0	20	5	0	5	0
Creamer, French Vanilla	1.00	TBSP	Milk Derivatives	Tree Nuts, Soy	35	2	1	0	0	10	5	0	5	0
Creamer, French Vanilla Sugar Free	1.00	TBSP	Milk Derivatives	Tree Nuts, Soy	15	1	1	0	0	0	1	0	0	0
Creamer, Hazelnut	1.00	TBSP	Milk Derivatives	Tree Nuts, Soy	35	2	1	0	0	10	5	0	5	0
Creamer, Hazelnut Mocha	1.00	TBSP	Milk Derivatives		35	2	1	0	0	10	5	0	5	0
Creamer, Hershey's Chocolate Caramel	1.00	TBSP	Milk Derivatives	Tree Nuts, Soy	35	2	1	0	0	10	5	0	5	0
Creamer, Irish Cream (seasonal)	1.00	TBSP	Milk Derivatives	Tree Nuts, Soy	35	2	1	0	0	10	5	0	5	0
Creamer, Pumpkin Pie Spice (seasonal)	1.00	TBSP	Milk Derivatives	Tree Nuts, Soy	35	2	1	0	0	10	5	0	5	0
Creamer, Gingerbread Cookie	1.00	TBSP	Milk Derivatives	Tree Nuts, Soy	35	2	1	0	0	10	5	0	5	0
Creamer, Reese's	1.00	TBSP	Milk Derivatives	Tree Nuts, Soy	35	2	1	0	0	25	5	0	5	0
Creamer, Twinkies	1.00	TBSP	Milk, Milk Derivatives		35	2	1	0	0	10	5	0	5	0
Creamer, Sweet & Creamy Almond	1.00	TBSP	Almond		1	0	0	0	0	20	4	0	4	0
Creamer, Wonka Fudgy Caramel	1.00	TBSP	Milk Derivatives	Tree Nuts, Soy	35	2	1	0	0	10	5	0	5	0
Creamer, Frosted Sugar Cookie (Seasonal)	1.00	TBSP	Milk Derivatives	Tree Nuts, Soy	35	2	1	0	0	10	5	0	5	0
Creamer, Cinnabon (Seasonal)	1.00	TBSP	Milk Derivatives	Tree Nuts, Soy	35	2	1	0	0	10	5	0	5	0
Creamer, Wedding Cake (Seasonal)	1.00	TBSP	Milk Derivatives	Tree Nuts, Soy	35	2	1	0	0	10	5	0	5	0
Creamer, Berries & Cream (Seasonal)	1.00	TBSP	Milk Derivatives	Tree Nuts, Soy	35	2	1	0	0	10	5	0	5	0
DESSERT														
Cupcake, Chocolate Chip Cookie Dough	0.50	CUPCAKE	Egg, Milk, Soy, Wheat	Tree Nuts	380	22	9	0	30	170	41	0	35	2
Cupcake, Oreo	0.50	CUPCAKE	Egg, Milk, Soy, Wheat	Tree Nuts	380	21	8	0	30	160	46	1	38	2
Cupcake, Peanut Butter	0.50	CUPCAKE	Peanuts, Egg, Milk, Soy, Wheat	Tree Nuts	390	25	8	0	25	240	35	2	27	7
Cupcake, Vanilla with Sprinkles	0.50	CUPCAKE	Egg, Milk, Soy, Wheat	Tree Nuts	380	22	9	0	35	170	44	0	35	2
Chocolate Chip Cookie	1.00	EA			320	12	7	0	10	250	49	2	27	3
Oatmeal Raisin Cookie	1.00	EA			290	10	5	0	0	250	48	2	25	3
White Macadamia Chip Cookie	1.00	EA			330	15	8	0	0	250	47	1	27	3
Chocolate Cake	1.00	SLICE	Eggs, Milk, Wheat, Soy, Tree Nuts		900	38	13	0	40	650	134	2	94	6
Reese's Peanut Butter Pie	1.00	SLICE	Milk, Tree Nuts, Soy, Peanuts		600	38	20	0	45	290	57	3	38	8
Chocolate Croissant	1.00	EA	Egg, Milk, Wheat, Soy< Coconut	sesame, walnuts, pistacio, almonds, hazelnuts, other tree nuts.	480	28	14	0	24	221	49	2	15	8
Cheesecake, New York Style	1.00	EA	Egg, Milk, Wheat	Almond, Cashew, Coconut, Peanut, Pecan, Soy, Walnut	350	22	12	1	85	360	32	1	22	6
Cheesecake, Strawberry	1.00	EA	Egg, Milk, Wheat	Almond, Cashew, Coconut, Peanut, Pecan, Soy, Walnut	340	21	12	1	80	360	32	1	22	6
DRINKS														
Cappuccino, Caramel Pecan	8.00	FL OZ	Milk		180	2	2	0	0	180	41	0	30	1
Cappuccino, Cinnabon	8.00	FL OZ	Milk, Soy		180	2	2	0	0	170	42	0	31	1
Cappuccino, English Toffee	8.00	FL OZ	Milk		100	2	2	0	0	140	19	0	14	1
Cappuccino, French Vanilla	8.00	FL OZ	Milk, Soy		130	2	2	0	0	200	41	0	32	2
Cappuccino, Mocha Extreme	8.00	FL OZ	Milk		90	1	1	0	0	115	20	0	14	1

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Cappuccino, Peppermint White Choc	8.00	FL OZ	Milk, Soy		150	4	4	0	0	210	29	0	21	1
Cappuccino, Pumpkin Spice	8.00	FL OZ	Milk, Soy		180	2	2	0	0	170	42	0	30	1
Cappuccino, Reese's	8.00	FL OZ	Milk		180	2	2	0	0	290	41	0	29	2
Cappuccino, SF French Vanilla	8.00	FL OZ	Milk		70	0	0	0	0	105	17	0	0	0
Cappuccino, Smores	8.00	FL OZ	Milk		120	1	1	0	0	180	29	0	22	1
Cappuccino, Unicorn	8.00	FL OZ	Milk		180	2	2	0	0	180	41	0	29	1
Rwanda Blend														
Cold Brew Concentrate	8.00	FL OZ			15	0	0	0	0	5	3	0	0	1
Espresso, Rutter's Decaf	8.00	FL OZ			2	0	0	0	0	5	0	0	0	0
Espresso, Rutter's Regular	8.00	FL OZ			2	0	0	0	0	5	0	0	0	0
Frozen, Jolly Rancher Watermelon	12.00	FL OZ			90	0	0	0	0	0	22	0	21	0
Hot Chocolate, Hershey's	8.00	FL OZ	Milk, Soy		180	1	1	0	0	190	42	0	36	2
Hot Chocolate, Salted Caramel	8.00	FL OZ	Milk		180	2	1	0	0	310	43	0	34	1
Large Caramel Shake	1.00	EA	Milk		702	35	22	0	82	368	98	0	90	1
Large Chocolate Hazelnut Shake	1.00	EA	Milk		871	35	23	0	80	364	106	3	122	2
Large Chocolate Peanut Butter Shake	1.00	EA	Milk, Nuts		888	55	20	0	38	625	93	5	79	18
Large Chocolate Raspberry Shake	1.00	EA	Milk		898	35	23	0	80	338	145	3	129	2
Large Chocolate Shake	1.00	EA	Milk		622	19	14	0	38	383	108	2	94	7
Reg Cotton Candy Shake	1.00	EA	Milk		498	25	16	0	61	244	68	0	63	0
Large Cotton Candy Shake	1.00	EA	Milk		725	34	22	0	81	336	104	0	97	0
Large Mint Shake	1.00	EA	Milk		669	14	11	0	36	436	124	0	115	8
Large Orange Cream Shake	1.00	EA	Milk		655	14	11	0	36	381	123	0	115	8
Large Peanut Butter Shake	1.00	EA	Milk, Nuts		1240	88	31	0	80	686	110	6	95	18
Large Strawberry Shake	1.00	EA	Milk		545	10	8	0	11	309	111	0	104	352
Large Vanilla Shake	1.00	EA	Milk		725	34	22	0	81	336	104	0	97	0
Large Cookies and Cream Shake	1.00	EA	Milk											
Large White Chocolate Raspberry Shake	1.00	EA	Milk		835	35	23	0	84	423	129	0	119	1
Red Bull 8.4 oz	8.40	FL OZ			110	0	0	0	0	105	29	0	26	0
Red Bull 8.4 oz Sugar Free	8.40	FL OZ			10	0	0	0	0	105	2	0	0	0
Reg Caramel Shake	1.00	EA	Milk		500	25	16	0	61	240	68	0	63	1
Reg Chocolate Hazelnut Shake	1.00	EA	Milk		641	26	16	0	60	257	76	2	90	1
Reg Chocolate Peanut Butter Shake	1.00	EA	Milk, Nuts		761	51	16	0	32	513	71	5	59	16
Reg Chocolate Raspberry Shake	1.00	EA	Milk		669	26	16	0	60	236	109	2	96	1
Reg Chocolate Shake	1.00	EA	Milk		495	15	11	0	32	271	86	2	74	5
Reg Egg Nog Shake (LTO)	1.00	EA	Milk		1045	24	22	0	12	468	196	0	175	9
Reg Mint Shake	1.00	EA	Milk		456	10	8	0	28	319	83	0	76	6
Reg Orange Cream Shake	1.00	EA	Milk		445	5	8	0	28	278	82	0	76	1
Reg Peanut Butter Shake	1.00	EA	Milk, Nuts		823	61	22	0	60	464	68	4	58	12
Reg Strawberry Shake	1.00	EA	Milk		363	7	6	0	9	224	73	0	67	264
Reg Vanilla Shake	1.00	EA	Milk		498	25	16	0	61	244	68	0	63	0
Reg Cookies and Cream Shake	1.00	EA	Milk											
Reg White Chocolate Raspberry Shake	1.00	EA	Milk		608	26	17	0	63	290	93	0	87	1

NUTRITIONAL INFORMATION

	Common	Serving	Contains:	May Contain:	CALORIES	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBOHYDRATES (G)	DIETARY FIBER (G)	TOTAL SUGAR (G)	PROTEIN (G)
Smoothie Creme	1.00	SCOOP			75	2	2	0	100	72	15	0	13	0
Syrup, Lemonade	1.00	PUMP			35	0	0	0	0	5	10	0	9	0
Syrup, Peach Mango Smoothie	1.00	PUMP			40	0	0	0	0	25	10	0	9	0
Syrup, Pina Colada Smoothie	1.00	PUMP	Milk		40	0	0	0	0	25	10	0	9	0
Syrup, Pumpkin	1.00	PUMP			60	0	0	0	0	0	16	0	16	0
Syrup, Strawberry Smoothie	1.00	PUMP	Milk		35	0	0	0	0	10	9	0	7	0
Syrup, Triberry Smoothie	1.00	PUMP	Milk		40	0	0	0	0	20	11	0	9	0
Xtreme Shake, Chocolate	1.00	EA	Milk		622	19	14	0	38	383	108	2	94	7
Xtreme Shake, Vanilla	1.00	EA	Milk		725	34	22	0	81	336	104	0	97	0
EGGS														
Devilled Egg, White	4.00	EA	Eggs, Soy		350	31	6	0	340	320	4	0	1	11
Devilled Egg, Red Beet	1.00	EA	Eggs, Soy		130	12	3	0	220	95	3	0	1	5
Hard Boiled Eggs	1.00	EA	Eggs		70	4	2	0	165	60	0	0	0	6
Red Hard Boiled Eggs	1.00	EA	Eggs		70	4	1	0	165	35	4	0	4	6
Egg, Liquid	1.50	OZ	Eggs		70	5	2	0	185	70	0	0	0	6
Scrambled Egg Patty	1.00	EA	Eggs, Milk		50	4	1	0	100	125	0	0	0	3
Scrambled Eggs	50.00	Grams	Eggs, Milk		80	6	2	0	170	230	1	0	0	6
EXTRAS														
Almond Joy	1.00	EA	Milk, Soy, Almonds, Coconut, Sulfites (>=10Ppm)	Peanuts	230	13	9	0	0	55	27	2	21	2
Cinnamon Sugar	0.25	TSP			15	0	0	0	0	0	3	0	3	0
Crushed Oreos	1.00	OZ	Wheat, Soy		130	5	2	0	0	90	20	1	11	1
Kit Kat	1.00	EA	Milk, soy, wheat	Peanuts	210	11	7	0	<5	20	28	<1	23	2
Kit Kat Blueberry Muffin	1.00	EA	Milk, Wheat, Soy		160	9	5	0	0	25	21	0	15	1
Kit Kat Duos	1.00	EA	Milk, soy, wheat	Peanuts	210	12	7	0	0	20	27	1	20	2
Kit Kat Fruity Cereal	1.00	EA	Milk, soy, wheat	Peanuts	220	12	7	0	0	35	27	0	19	2
Mini Chocolate Chips	1.00	TBSP	Milk		70	4	3	0	0	0	10	1	9	1
Powder, Chocolate	1.00	TSP			15	0	0	0	0	0	4	0	3	0
Powder, Cinnamon	1.00	TSP			15	0	0	0	0	0	4	1	3	0
Powder, Vanilla	1.00	TSP			15	0	0	0	0	0	4	0	4	0
Powdered Sugar	1.06	OZ			120	0	0	0	0	0	30	0	29	0
Reddi Whip	2.00	TBSP	Milk		15	1	1	0	0	0	1	0	1	0
Sauce, Caramel	1.00	PUMP	Milk		110	1	0	0	5	70	26	0	22	1
Sauce, Dark Chocolate	1.00	PUMP			110	0	0	0	0	15	26	1	20	1
Sauce, White Choc	1.00	PUMP	Milk		110	1	1	0	5	80	25	0	21	1
Butter Pecan Syrup		2 tbsp			90	0	0	0	0	0	23	0	23	0
Syrup, Blueberry	2.00	Tbsp			90	0	0	0	0	0	23	0	23	0
Syrup, Cinnamon Bun (seasonal)	1.00	PUMP			273	0	0	0	0	3	67	0	67	0
Syrup, Cinnamon	2.00	Tbsp			90	0	0	0	0	0	23	0	23	0

NUTRITIONAL INFORMATION

	Common	Serving	Contains:	May Contain:	CALORIES	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBOHYDRATES (G)	DIETARY FIBER (G)	TOTAL SUGAR (G)	PROTEIN (G)
Syrup, Classic	1.00	PUMP			28	0	0	0	0	0	7	0	7	0
Syrup, Hazelnut	1.00	PUMP			28	0	0	0	0	0	7	0	7	0
Syrup, Hazelnut	2.00	TBSP		`	90	0	0	0	0	0	22	0	22	0
Syrup, Pumpkin Spice (seasonal)	1.00	PUMP			28	0	0	0	0	3	7	0	7	0
Syrup, Raspberry	1.00	PUMP			28	0	0	0	0	1	7	0	7	0
Syrup, Raspberry	2.00	TBSP			80	0	0	0	0	0	21	0	21	0
Syrup, Blueberry (seasonal)	1.00	PUMP			23	0	0	0	0	0	6	0	6	0
Syrup, Vanilla	1.00	PUMP			28	0	0	0	0	0	7	0	7	0
Syrup, French Vanilla	2.00	TBSP			90	0	0	0	0	0	24	0	24	0
Syrup, Caramel	2.00	TBSP			90	0	0	0	0	55	23	0	23	0
Syrup, Sugar Free French Vanilla	2.00	TBSP			0	0	0	0	0	55	0	0	0	0
Syrup, Real Sugar	2.00	TBSP			0	0	0	0	0	0	26	0	26	0
Syrup, Peppermint Mocha	2.00	TBSP			60	0	0	0	0	0	16	0	16	0
Reese's Peanut Butter Cup	1.00	EA	Milk, peanuts, soy		210	12	5	0	<5	135	24	2	22	4
Reeses Caramel Big Cup (For Xtreme Shake)	1.00	EA	Peanuts, Milk, Soy		190	10	5	0	0	120	24	1	22	3
Reese's Peanut Butter Sauce	1.00	PUMP	Peanuts, Milk, Soy		190	18	3	0	0	130	6	2	3	6
Pop Tart, Smores	1.00	EA	Egg, Milk, Soy, Wheat		370	9	3	0	0	390	67	1	35	5
Kit Kat Churro	1.00	Pkg	Milk, Wheat, Soy		220	19	7	0	0	30	27	0	20	0
Reese's Take 5	1.00	Pkg	Milk, Wheat, Soy, Peanuts		210	11	6	0	0	200	27	1	19	3
York Peppermint Patty	1.00	EA	Eggs	Peanuts, wheat, sulfites (>=10Ppm), yellow #5	150	3	2	0	0	10	32	<1	26	<1
M&Ms	1.00	Pkg	Milk, Soy	Peanuts	230	9	6	0	<5	35	35	1	31	2
Twix	1.00	Pkg	MILK, SOY AND WHEAT	PEANUTS	250	12	7	0	<5	105	24	<1	25	2
Snickers	1.00	Pkg	PEANUTS, MILK, EGG AND SOY	TREE NUTS	250	12	5	0	<5	130	32	1	27	5
FRUIT														
Banana	1.00	EA			110	0	0	0	0	0	30	3	19	1
Cherrys	1.00	EA			10	0	0	0	0	0	2	0	2	2
Limes	1.00	EA			20	0	0	0	0	0	7	2	0	0
Lemons	1.00	EA			15	0	0	0	0	0	5	2	2	0
Oranges	1.00	EA			50	0	0	0	0	0	12	0	0	0
Apple	1.00	EA			110	0	0	0	0	0	30	3	19	1
MEATS														
Jumbo Dog	1.00	EA	Soy		310	0	0	0	60	1020	0	0	0	0
Angus Burger	1.00	EA			270	21	8	2	75	360	1	0	0	18
Bacon	4.00	SLICES			467	40	13	0	133	1667	1	0	1	33
Chicken Chunks	3.39	OZ	Soy, Wheat		230	12	2	0	45	580	16	1	0	16
Chicken Strips	4.00	OZ	Soy, Wheat		280	14	3	0	50	700	17	1	1	21
Chicken Wings	3.00	OZ	Soy, Wheat		240	19	5	0	105	410	2	0	0	15
Corned Beef	3.00	SLICES			80	5	2	0	30	650	0	0	0	9
Corn Dogs	1.00	EA	Milk, Eggs, Wheat, Soy		220	11	3	0	25	490	23	0	7	6

NUTRITIONAL INFORMATION

	Common	Serving	Contains:	May Contain:	CALORIES	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBOHYDRATES (G)	DIETARY FIBER (G)	TOTAL SUGAR (G)	PROTEIN (G)
Cubed Sweet Bologna	2.00	OZ			140	8	4	0	30	680	8	0	8	9
Fried Chicken Breast	1.00	EA	Wheat		240	9	2	0	55	870	19	1	1	20
Grilled Chicken Breast	1.00	EA			120	3	1	0	85	580	1	0	0	23
Kielbasa	1.00	EA			300	27	9	0	65	1060	5	0	2	13
Meatballs, Italian	3.00	EA	Eggs, Milk, Wheat, Soy		230	18	7	1	50	770	5	1	1	13
Pastrami	2.00	OZ			125	7	4	0	54	1232	0	0	0	16
Beef Steak	3.50	oz			140	4	2	0	60	590	2	1	0	25
Salami Pepperoni Hamcola Italian Subset Sliced (Staged Italian Meats)	4.00	oz			330	24	10	0	85	1340	4	0	3	22
Pulled Pork	2.00	OZ			160	11	4	0	50	290	2	0	2	13
Sausage Patty	1.00	EA			150	15	5	0	30	250	0	0	0	5
Sausage, Smoked	1.00	EA			110	24	7	0	45	900	3	0	2	9
Sausage, Hot Smoked	1.00	EA		Eggs, Milk, Wheat, Soy	200	15	5	0	60	910	4	0	0	11
Sliced Ham	2.00	EA			107	4	2	0	54	1107	4	0	4	16
Sliced Italian Sausage	2.00	oz			120	10	4	0	40	410	0	0	0	11
Sliced Pepperoni	3.50	OZ			469	44	16	1	97	1702	1	0	0	20
Sliced Pepperoni	1.00	OZ			140	13	6	0	35	510	0	0	0	5
Sliced Turkey	2.00	EA			60	1	1	0	25	590	0	0	1	12
Spam	1.00	EA			230	21	7	0	50	830	2	0	1	9
Spam Dog	1.00	EA			303	28	12	0	66	868	1	0	1	12
Sweet Bologna, Sliced	2.00	SLICE			140	8	4	0	30	680	8	0	8	9
Beef Barbacoa	1.00	OZ			80	5	2	0	40	115	1	0	0	6
Taco Meat	2.00	oz			111	8	3	1	20	361	2	1	1	8
Turkey Sausage	1.00	EA			209	16	5	0	93	651	0	0	0	16
MILK														
Milk, 1% Low-Fat	8.00	OZ	Milk		100	3	2	0	10	105	12	0	12	8
Milk, 2% Reduced Fat	8.00	OZ	Milk		120	5	3	0	20	110	11	0	12	8
Milk, Birthday Cake (LTO)	1.00	CUP	Milk		230	8	5	0	35	12	30	0	29	8
Milk, Chocolate (Low-Fat)	8.00	OZ	Milk		170	3	2	0	10	150	30	0	30	8
Milk, Chocolate (Whole)	8.00	OZ	Milk		200	7	5	0	25	160	28	0	28	8
Milk, Chocolate Chip Mint (LTO)	8.00	OZ	Milk		230	8	5	0	35	180	28	0	26	8
Milk, Cotton Candy	8.00	OZ	Milk		240	8	5	0	35	120	34	0	32	8
Milk, Egg Nog (LTO)	8.00	OZ	Egg, Milk		190	9	6	9	55	45	24	0	23	4
Milk, Half & Half	2.00	tbsp	Milk		35	4	2	0	10	10	1	0	1	1
Milk, Fortified Non-Fat	8.00	OZ	Milk		10	0	0	0	5	130	15	0	15	10
Milk, Orange Cream	8.00	OZ	Milk		210	8	5	8	35	125	27	0	26	8
Milk, Pumpkin Pie (Seasonal)	8.00	OZ	Milik		250	8	5	0	35	160	37	0	35	8
Cookies & Cream	8.00	OZ	Milik		190	7	4	0	20	180	26	0	25	8
Chocolate Peanut Butter	8.00	OZ	Milik		180	5	3	0	20	190	27	1	27	8
Milk, Strawberry	8.00	OZ	Milk		200	7	4	0	20	105	29	0	29	7

NUTRITIONAL INFORMATION

	Common	Serving	Contains:	May Contain:	CALORIES	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBOHYDRATES (G)	DIETARY FIBER (G)	TOTAL SUGAR (G)	PROTEIN (G)
Milk, Whole	8.00	OZ	Milk		140	8	5	0	25	100	11	0	12	8
OTHER														
Broccoli Florets	0.50	CUP			31	0	0	0	0	30	4	2	2	3
Chicken Salad	3.50	OZ	Egg, Wheat, Soy,		220	16	3	0	40	230	10	0	8	11
Caesar Salad Kit	8.75	OZ			461	0	0	0	0	1025	61	0	0	0
Garden Salad Kit	8.66	OZ			435	0	0	0	0	898	63	0	0	0
Egg Roll, Pork	1.00	EA	Eggs, Fish, Soy, Wheat		212	11	3	0	12	565	22	2	2	8
Egg Roll, Cheese Steak	1.00	EA	Wheat, Soy, Milk, Egg		260	0	0	0	35	560	23	0	0	0
Egg Roll, Buffalo Chicken	1.00	EA	Wheat, Soy, Milk, Egg		180	0	2	0	45	380	20	0	1	16
Egg Roll, Reuben	1.00	EA	Wheat, Soy, Milk, Egg		220	8	4	0	35	520	23	0	2	13
French Toast Stick	4.00	EA	Wheat, Soy		280	9	3	0	140	400	37	3	11	11
Pepperoni Roll	1.00	EA	Soy, Wheat, Milk		460	21	8	0	40	800	49	0	6	17
Traveller, Jalapeno Beef Bean and Cheese	1.00	EA	Wheat, Milk, Soy		390	23	12	0	30	690	32	2	3	12
Traveller, Philly Cheesesteak	1.00	EA	Wheat, Milk, Soy		380	19	11	0	30	670	35	2	3	15
Wok, Beef Strips	1.00	OZ			40	1	0	0	17	142	1	0	0	6
Wok, Fried Rice	1.00	CUP	Soy, Wheat, Sesame		200	5	0	0	0	360	36	1	3	4
Wok, Lo Mein Noodles	8.00	OZ	Wheat		370	2	1	0	0	520	73	2	1	14
Rice & Beans	1.00	OZ			130	1	0	0	0	190	26	4	0	5
Fettuccine Alfredo	1.00	Bag	Egg	Milk, Wheat	570	25	15	0	130	1100	68	3	5	20
Spaghetti With Tomato & Basil Sauce	1.00	Bag			430	10	2	0	0	1530	75	5	10	12
ROLLER GRILL														
Rollerbite, Buffalo Chicken	1.00	EA	Milk, Soy, Wheat		200	11	4	0	35	600	13	0	2	11
Monterey Jack Rollerbite	1.00	EA	Milk, Soy, Wheat		190	11	4	0	40	530	11	0	1	11
Tequilla Lime Chicken Rollerbite	1.00	EA	Milk, Soy, Wheat		190	10	3	0	35	560	13	1	2	11
Tornado, Bacon Egg & Cheese	1.00	EA	Milk, Eggs, Wheat		180	7	2	0	35	300	23	1	1	6
Tornado, French Toast & Sausage	1.00	EA	Wheat, Milk, Soy, Eggs		190	8	2	0	25	200	22	1	1	7
Tornado, Cheesy Pepperjack	1.00	EA	Milk, Wheat		200	9	4	0	10	400	23	1	1	6
Tornado, Pepperoni & Cheese	1.00	EA	Milk, Wheat, Soy		210	10	3	0	15	330	23	1	1	7
Tornado, Sausage Egg & Cheese	1.00	EA	Milk, Eggs, Soy, Wheat		180	8	2	0	15	280	21	0	0	6
SEAFOOD														
Crab Cakes	1.00	EA	Fish, Wheat		140	8	3	0	10	410	15	0	2	4
Fried Shrimp	8.00	EA	Shellfish, Wheat		230	10	2	0	80	630	20	1	0	11
Yuengling Battered Haddock	2.00	EA	Fish, Wheat		230	10	2	0	35	560	19	1	0	13
PIZZA														
Personal 7" Pizza	1.00	EA	Wheat, Milk	Soy	646	20	12	0	41	1099	89	4	9	28
16" Pizza Crust	1.00	EA			242	0	0	0	0	512	49	0	0	0

NUTRITIONAL INFORMATION

	Common	Serving	Contains:	May Contain:	CALORIES	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBOHYDRATES (G)	DIETARY FIBER (G)	TOTAL SUGAR (G)	PROTEIN (G)
10" Pizza Crust	1.00	EA			100	0	0	0	0	150	21	0	0	0
Tomato Sauce	3.88	OZ			40	1	0	0	0	210	7	2	5	2
Cheese Mozzarella	1.00	OZ	Milk	Soy	85	7	4	0	22	202	1	1	0	6
Pizza Seasoning	0.25	tsp			0	0	0	0	0	130	0	0	0	0
Sliced Sausage	2.00	oz			120	10	4	0	40	410	0	0	0	11
Sliced Pepperoni	1.00	OZ			140	13	6	0	35	510	0	0	0	5
SIDES														
Amish Macaroni Salad	0.50	CUP	Egg, Wheat		380	18	3	0	25	380	47	0	21	8
Bacon Chedder Chive Tater Keg	3.00	EA	Egg, Milk		140	7	3	0	40	520	13	1	1	7
Breaded Pickle Spears	2.00	EA	Milk, Wheat, Soy		120	1	0	0	0	870	25	0	1	2
Coleslaw	1.00	OZ	Eggs, Milk		220	15	2	0	15	380	21	2	15	1
Sweet Corn Bites	6.00	EA	Milk, Wheat, Soy		240	9	2	0	0	620	38	2	14	4
French Fries	3.00	OZ			110	4	0	0	0	370	20	1	1	1
Hash Browns	3.00	OZ			130	7	1	0	0	360	17	1	0	1
Hashbrown Patty	1.00	EA			110	6	1	0	0	280	12	1	1	1
Mac & Cheese Bites	3.00	EA	Milk, Wheat		190	9	2	0	5	390	23	1	3	5
Mac & Cheese, White Cheddar	8.00	OZ	Egg, Milk, Wheat		340	17	10	1	60	1140	34	1	5	13
Mini Classic Cheddar Pierogies	11.00	EA	Wheat, Soy, Milk, Egg		220	3	1	0	5	530	41	2	1	7
Mozzarella Stick	3.00	EA	Milk, Wheat		180	6	4	0	20	540	22	1	1	10
Onion Rings	5.00	EA	Milk, Wheat		140	4	1	0	0	530	26	1	4	2
Potato Skins	2.00	EA			0	0	0	0	0	0	17	2	0	2
Potato Wedge	1.00	EA	Wheat		70	3	0	0	0	140	9	1	0	1
Soft Pretzel	1.00	EA	Eggs, Milk, Wheat, Soy		410	8	5	0	20	1090	74	3	7	12
Waffle Fry	1.00	CUP			150	6	2	0	0	280	23	2	1	2
SOUP														
Chicken Corn Soup	1.00	CUP	Egg, Milk, Wheat		210	9	3	0	35	590	26	2	2	9
Chili With Beans	1.00	CUP			310	15	5	0	50	1030	26	6	7	19
Chicken Pot Pie	8.00	OZ	Eggs, Wheat		230	10	3	0	35	800	21	1	1	15
Tomato Soup	8.00	OZ	Milk		280	22	12	1	70	640	19	1	13	3
Potato Soup	8.00	OZ	Milk, Soy		250	16	9	1	55	890	21	2	3	7
Fountain Beverage														
Pepsi														
BIB DIET DR PEPPER	12.00	OZ	None		0	0	0	0	0	70	0	0	0	0
BIB DIET MT DEW	12.00	OZ	PHENYLKETONURICS: CONTAINS PHENYLALANINE, CAFFEINE 54mg, PHOSPHORUS 0mg		0	0	0	0	0	55	<1	0	0	0
BIB DIET PEPSI	12.00	OZ	CAFFEINE 34mg, PHOSPHORUS 30mg		0	0	0	0	0	55	0	0	0	0

NUTRITIONAL INFORMATION

	Common	Serving	Contains:	May Contain:	CALORIES	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	TOTAL CARBOHYDRATES (G)	DIETARY FIBER (G)	TOTAL SUGAR (G)	PROTEIN (G)
BIB DR PEPPER	12.00	OZ	None		140	0	0	0	0	44	39	0	39	0
BIB MT DEW	12.00	OZ	CAFFEINE 52mg, PHOSPHORUS 0mg		170	0	0	0	0	50	44	0	44	0
BIB ORANGE CRUSH	12.00	OZ	None		180	0	0	0	0	45	44	0	43	0
BIB PEPSI	12.00	OZ	CAFFEINE 38mg, PHOSPHORUS 50mg		150	0	0	0	0	30	41	0	41	0
BIB PEPSI ZERO SUGAR	12.00	OZ	CAFFEINE 38mg, PHOSPHORUS 50mg		0	0	0	0	0	65	0	0	0	0
BIB STARRY	12.00	OZ	0% JUICE		150	0	0	0	0	35	39	0	39	0
BIB WILD CHERRY PEPSI	12.00	OZ	CAFFEINE 38mg, PHOSPHORUS 50 mg		160	0	0	0	0	30	42	0	42	0
Coke														
COKE POST MIX BIB 2.5GL	12.00	OZ	None		140	0	0	0	0	45	39	0	39	0
COKE ZERO POST BIB 2.5GL	12.00	OZ	None		0	0	0	0	0	40	0	0	0	0
DIET COKE SYRUP BIB	12.00	OZ	None		0	0	0	0	0	40	0	0	0	0
FCB COKE BIB 2.5GL	12.00	OZ	None		100	0	0	0	0	40	<1	1	26	0
FCB COKE FANTA BIB 2.5GL	12.00	OZ	None		100	0	0	0	0	45	<1	1	27	0
SPRITE SYRUP BIB	12.00	OZ	None		140	0	0	0	0	65	38	3	38	0
Sunny Sky														
BIB BIRCH BEER HFCS	2	FL OZ	None		180	0	0	0	0	10	45	0	45	0
BIB CHERRY LIMEADE PURE	2	FL OZ	None		170	0	0	0	0	5	43	0	42	0
BIB CUCUMBER LIME PURE	2	FL OZ	None		170	0	0	0	0	5	44	0	43	0
BIB FRUIT PUNCH PURE	2	FL OZ	None		170	0	0	0	0	5	44	0	44	0
BIB GINGER BEER PURE	2	FL OZ	None		150	0	0	0	0	5	38	0	37	0
BIB HOMESTYLE LEMONADE PURE	2	FL OZ	None		170	0	0	0	0	30	44	0	42	0
BIB ORANGE DREAMSICLE PMX BIB	2	FL OZ	None		170	0	0	0	0	5	44	0	43	0
BIB PINEAPPLE CREAM PURE	2	FL OZ	None		170	0	0	0	0	5	43	0	42	0
BIB STRAWBERRY PURE	2	FL OZ	None		170	0	0	0	0	5	45	0	44	0
BIB STRAWBRRY LEMONADE BIB	2	FL OZ	None		170	0	0	0	0	30	44	0	42	0
SUNNY SKY VANILLA FLAVOR SHOTS BIB 2.5GL	0.5	FL OZ	None		5	0	0	0	0	0	1	0	1	0