



Nutrition Information

BAKERY

	Contains:	May Contain:	Serving Size	Calories	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugar (g)	Protein (g)
4" Apple Pie	Milk, Wheat		EA	300.00	15.00	8.00	0.00	0.00	#####	39.00	1.00	12.00	3.00
Banana Nut Muffin (Seasonal)	Milk, Eggs, Wheat, Tree Nuts	Tree Nuts, Soy	1 Muffin	530	23	4	0	70	460	73	0	41	6
Blueberry Muffin	Milk, Eggs, Wheat	Peanuts, Tree Nuts, Soy	1 Muffin	430	17	3	0	30	360	64	1	35	5
4" Cherry Pie	Milk, Wheat		EA	320	15	7	0	0	310	44	1	18	3
Chocolate Chip Muffin	Milk, Eggs, Wheat	Peanuts, Tree Nuts, Soy	1 Muffin	490	20	5	0	30	380	70	1	41	5
Chocolate Glazed Cake Donut	Wheat, Soy, Milk, Egg		1 Donut	190	11	5	0	0	135	21	1	12	2
Cinnamon Roll with Cream Cheese Icing	Eggs, Milk, Soy, Wheat		1 Roll	439	22	10	0	28	608	49	2	20	11
Killer Brownie, Citrus Orange	Eggs, Milk, Soy, Wheat		1 Brownie	150	7	4	0	15	150	22	0	16	1
Confetti Killer Brownie	Eggs, Milk, Soy, Wheat	Tree Nuts, Peanuts	1 Brownie	160	7	5	0	10	150	23	0	14	2
Cookies & Cream Killer Brownie	Milk, Wheat, Soy		1 Brownie	190	9	5	0	15	190	26	0	18	2
Cookie Dough Killer Brownie	Eggs, Milk, Soy, Wheat	Tree Nuts, Peanuts	1 Brownie	170	8	5	0	20	150	25	1	17	2
Cranberry Orange Muffin	Wheat, Egg, Milk	Soy, Nuts	1 Muffin	470	19	4	0	65	430	68	1	37	5
Danish, Cheese	Wheat, Milk, Egg, Soy		1 Danish	410	22	9	0	25	450	49	1	21	6
Danish, Raspberry	Wheat, Milk, Egg, Soy		1 Danish	370	14	7	0	15	350	55	1	25	4
Glazed Donut	Wheat, Soy, Milk, Egg		1 Donut	160	8	4	0	0	210	20	1	8	2
Old Fashion Sour Cream Donut	Wheat, Soy, Milk, Egg		1 Donut	190	10	4	0	0	180	25	0	14	2
Peanut Butter Killer Brownie	Milk, Peanuts, Soy, Wheat	Tree Nuts	1 Brownie	190	10	5	0	10	190	22	1	15	3
Plain Cake Donut	Wheat, Soy, Milk, Egg		1 Donut	220	13	5	0	5	300	23	1	7	2
Powdered Sugar Cake Donut	Wheat, Soy, Milk, Egg		1 Donut	230	13	6	0	5	260	26	1	11	2
Pumpkin Muffin (Seasonal)	Milk, Eggs, Wheat, Tree Nuts	Tree Nuts, Soy	1 Muffin	520	21	4	0	70	470	75	1	41	6
Triple Chocolate Killer Brownie	Milk, Soy, Wheat	Tree Nuts, Peanuts	1 Brownie	160	8	5	0	10	160	24	1	17	2

BREADS

Plain 6 Inch Wrap			1 EA	180	5	0	0	0	360	32	5	0	6
8" White Sub Rolls	Wheat	Milk, Soy	1 Roll	250	3	1	0	0	560	48	1	1	8
Biscuit	Milk, Wheat		1 Biscuit	260	11	8	0	0	830	35	1	3	5
Ciabatta Roll	Wheat	Milk, Soy, Egg, Sesame	1 Roll	280	2	0	0	0	620	54	2	4	12
Cinnamon Raisin Bagel	Wheat	Milk, Eggs	1 Bagel	330	2	1	0	0	470	68	3	10	11
Croissant	Eggs, Milk, Soy, Wheat		1 Croissant	200	8	3	2	10	280	27	1	3	5
Dinner Roll	Soy, Wheat		1 Roll	90	1	0	0	0	150	17	0	2	3
English Muffins	Soy, Wheat		1 Muffin	140	1	0	0	0	260	28	1	1	5
Everything Bagel	Wheat	Milk, Eggs	1 Bagel	340	3	1	0	0	1070	66	3	5	12
Kaiser Rolls	Soy, Wheat		1 Roll	160	2	0	0	0	320	30	1	2	4



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	Contains:	May Contain:	Serving Size	Calories	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugar (g)	Protein (g)
Low Calorie Roll	Soy, Wheat		1 Roll	100	1	0	0	0	170	22	5	2	5
Multigrain Ciabatta Roll	Wheat	Milk, Soy, Egg, Sesame	1 Roll	320	5	0	0	0	460	54	4	4	12
Plain Bagel	Wheat	Milk, Eggs	1 Bagel	320	2	1	0	0	500	64	2	4	11
Pretzel Roll	Soy, Wheat		1 Roll	320	3	1	0	0	0	63	2	12	9
Potato Hot Dog Bun	Soy, Wheat		1 Bun	150	2	0	0	0	250	28	1	4	4
Rye Bread	Soy, Wheat	Milk	1 Slice	80	1	0	0	0	220	14	1	0	3
Rye Bread (Substitute)	Wheat		1 Slice	120	1	0	0	0	350	22	1	0	5
Soft Pretzel	Soy, Wheat		4 Ounces	290	4	1	0	0	45	57	3	12	9
Wheat Bread	Soy, Wheat		1 Slice	60	1	0	0	0	130	12	<1	<1	2
Wheat Kaiser Rolls	Wheat	Soy,	1 Roll	150	2	0	0	0	280	27	3	4	6
Wheat Sub Roll	Wheat	Milk, Soy, Egg, Sesame	1 Roll	270	4	1	0	0	420	45	4	4	13
Wheat Sub Roll	Wheat		1 Roll	260	3	0	0	0	400	49	5	6	10
White Bread	Soy, Wheat		1 Slice	60	1	0	0	0	110	12	1	1	2
White Sub Roll	Wheat		1 Roll	260	3	1	0	0	570	48	2	2	9
Wrap, Multigrain	Wheat		1 Wrap	270	5	1	0	0	450	48	2	4	8
Wrap, Plain	Wheat		1 Wrap	180	5	0	0	0	360	32	55	0	6
Wrap, Sun Dried Tomato	Wheat		1 Wrap	260	7	2	0	0	540	48	2	0	7
CHEESE													
Cheese, Cubed Cheddar	Milk		1 Ounce	120	10	6	0	30	200	0	0	0	7
Cheese, Cubed Pepperjack	Milk		1 Ounce	110	9	6	0	30	190	1	0	0	7
Cheese, Cubed Swiss	Milk		1 Ounce	120	9	5	0	30	55	0	0	0	8
Nacho Cheese	Milk		2 Ounces	70	5	3	0	0	560	6	0	1	0
Sliced Cheese, Cheddar	Milk		EA	80	7	4	0	21	135	0	0	0	5
Shredded Cheese	Milk		OZ	110	9	5	0	25	180	1	0	0	7
Sliced Cheese, Pepperjack	Milk		EA	80	6	4	0	20	135	0	0	0	5
Sliced Cheese, Provolone	Milk		EA	80	6	3	0	15	180	0	0	0	5
Sliced Cheese, Swiss	Milk		EA	80	7	4	0	20	40	0	0	0	6
Sliced White American	Milk, Soy		2 EA	100	9	5	0	25	510	1	0	0	5



Nutrition Information

CONDIMENTS

	Contains:	May Contain:	Serving Size	Calories	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugar (g)	Protein (g)
Sliced Pepperjack	Milk		1 Slice	50	4	3	0	13	215	1	0	0	3
BBQ Sauce			2 Tbsp	70	0	0	0	0	290	18	0	16	0
Black Olives			2 Tbsp	20	0	0	0	0	150	0	0	0	0
Blue Cheese Cup	Milk, Egg		EA	280	29	5	0	25	530	3	0	3	1
Boom Boom Sauce	Eggs		1 Ounce	150	16	3	0	15	210	1	0	1	0
Buffalo Sauce			1 Tbsp	0	0	0	0	0	90	1	0	0	0
Caesar Dressing	Milk, Eggs, Fish, Soy, Wheat		2 Tbsp	110	11	2	0	10	320	2	0	1	1
Chesapeake Aioli	Egg		1 Tbsp	80	9	2	0	10	150	0	0	0	0
Cocktail Sauce Cup	Soy		1.5 Ounces	35	0	0	0	0	280	7	1	4	0
Cream Cheese, Plain	Milk		1 Ounce	100	10	6	0	30	110	1	0	1	2
Garlic Seasoning			.03 Ounce	0	0	0	0	0	0	1	0	0	0
General Tso Sauce	Soy		2 Tbsp	70	0	0	0	0	390	17	0	15	1
Grape Jelly Packets			EA	35	0	0	0	0	5	9	0	7	0
Green Peppers			3.50 Ounces	75	0	0	0	0	10	18	5	5	1
Guacamole Cup			1 Cup	120	11	2	0	0	260	5	3	1	1
Hersheys Caramel Syrup	Milk,		1 Tbsp	50	0	0	0	0	60	13	0	10	0
Hersheys Chocolate Syrup			1 Tbsp	45	0	0	0	0	5	12	0	10	0
Honey Packets			9 Grams	25	0	0	0	0	0	7	0	7	0
Hot Dog Chili Sauce	Soy		OZ	100	8	3	0	20	250	4	0	1	4
Hot Dog Chili Sauce	Soy		2 Ounces	70	8	3	0	20	250	4	1	1	4
Hot Sauce			3.50 Ounces	20	1	0	0	0	3790	3	1	1	1
Hot Sauce Packet			1 Packet	30	0	0	0	0	85	0	0	0	0
Italian Dressing			2 Tbsp	120	12	2	0	0	270	2	0	2	0
Italian Seasoning			.01 Ounce	0	0	0	0	0	0	0	0	0	0
Jalapenos, Sliced			3.5 Ounces	17	0	0	0	0	600	0	0	0	0
Ketchup			1 Tbsp	20	0	0	0	0	160	5	0	4	0
Ketchup Packets			EA	10	0	0	0	0	95	3	0	2	0
Lettuce			3.50 Ounces	15	0	0	0	0	28	3	1	1	1
Lime			1 Lime	17	0	0	0	0	1	5	2	1	1
Liquid Butter	Soy		.49 Ounce	120	14	3	0	0	110	0	0	0	0
Marinara			2 Ounces	30	1	0	0	0	225	5	1	3	1
Mayo	Eggs		1 Tbsp	100	11	2	0	5	70	0	0	0	0
Mayonnaise Packets	EGGS		TBSP	100	11	2	0	5	70	0	0	0	0



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			Serving Size	Calories	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugar (g)	Protein (g)
Montreal Steak Seasoning	Contains:	May Contain:	.03 Ounce	0	0	0	0	0	180	0	0	0	0
Mustard Jug			TSP	0	0	0	0	0	60	0	0	0	0
Mustard Packets			EA	0	0	0	0	0	65	0	0	0	0
Olive Oil			1 Tbsp	120	14	1	0	0	0	0	0	0	0
Pickle			1 Pickle	0	0	0	0	0	231	1	0	0	0
Pickles, Sliced			3.5 Ounces	15	0	0	0	0	90	3	3	0	0
Plain Cream Cheese Cup	Milk		1 Ounces	70	7	4	0	20	110	2	0	2	1
"R" Sauce	Eggs, Soy, Wheat		1 Tbsp	90	9	2	0	5	85	1	0	0	0
Ranch Dressing	Milk, Eggs		2 Tbsp	100	11	2	0	10	270	1	0	1	1
Red Wine Vinegar			.50 Fluid Ounce	0	0	0	0	0	0	0	0	0	0
Salsa, Chipotle Charred			2 Tbsp	6	0	0	0	0	206	3	0	1	0
Sauerkraut			1 Ounce	5	0	0	0	0	160	1	1	0	0
Seafood Seasoning			.04 Ounces	0	0	0	0	0	250	1	0	0	0
Sliced Mushroom			3 Ounces	20	0	0	0	0	15	3	1	0	0
Sliced Onion			3.50 Ounces	32	0	0	0	0	8	8	1	5	1
Sour Cream (Squeezy Tube)	Milk,		1 Tube	60	5	3	0	20	50	2	0	2	1
Strawberry Cream Cheese Cup	Milk	Eggs	1 Ounce	87	7	5	0	23	90	4	0	3	1
Sweet & Sour Sauce	Soy		1 Tbsp	35	0	0	0	0	150	9	0	7	0
Sweet & Spicy Sauce			2 Tbsp	160	17	3	0	15	270	2	0	2	0
Sweet Peppers			1 Ounce	20	0	0	0	0	75	5	0	3	0
Sweet Relish			1 Tbsp	15	0	0	0	0	120	3	0	3	0
Syrup Packets			EA	80	0	0	0	0	55	20	0	10	0
Taco Sauce Packets			EA	0	0	0	0	0	55	1	0	0	0
Tartar Sauce Packets	Eggs		EA	45	5	0	0	5	120	1	0	1	0
Teriyaki Sauce			2 Tbsp	50	0	0	0	0	1120	10	0	8	0
Thousand Island Dressing	Eggs,		2 Tbsp	130	12	2	0	5	240	5	0	3	0
Tomato			1 EA	12	0	0	0	0	3	2	1	2	1
Whipped Butter	Milk		1 TBSP	70	7	3	0	0	70	0	0	0	0



Nutrition Information

CREAMER

	Contains:	May Contain:	Serving Size	Calories	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugar (g)	Protein (g)
Cremer, Birthday Cake			1 Tbsp	35	2	1	0	0	10	5	0	5	0
Cremer, Caramel Macchiato	Milk Derivatives	Tree Nuts, Soy	1 Tbsp	35	2	1	0	0	10	5	0	5	0
Cremer, Cinn Churro			1 Tbsp	35	2	1	0	0	10	5	0	5	0
Cremer, Caramel Waffle Cookie (seasonal)	Milk Derivatives	Tree Nuts, Soy	1 Tbsp	35	2	1	0	0	10	5	0	5	0
Cremer, Coco Pebbles (seasonal)	Milk Derivatives	Tree Nuts, Soy	1 Tbsp	35	2	1	0	0	10	5	0	5	0
Cremer, Cold Stone Sweet Cream	Milk Derivatives	Tree Nuts, Soy	1 Tbsp	35	2	1	0	0	20	5	0	5	0
Cremer, French Vanilla	Milk Derivatives	Tree Nuts, Soy	1 Tbsp	35	2	1	0	0	10	5	0	5	0
Cremer, French Vanilla Sugar Free	Milk Derivatives	Tree Nuts, Soy	1 Tbsp	20	2	1	0	0	0	1	0	0	0
Cremer, Hazelnut	Milk Derivatives	Tree Nuts, Soy	1 Tbsp	35	2	1	0	0	10	5	0	5	0
Cremer, Hazelnut Mocha	Milk Derivatives		1 Tbsp	35	2	1	0	0	10	5	0	5	0
Cremer, Hershey's Chocolate Caramel	Milk Derivatives	Tree Nuts, Soy	1 Tbsp	35	2	1	0	0	10	5	0	5	0
Cremer, Irish Cream (seasonal)	Milk Derivatives	Tree Nuts, Soy	1 Tbsp	35	2	1	0	0	10	5	0	5	0
Cremer, Pumpkin Pie Spice (seasonal)	Milk Derivatives	Tree Nuts, Soy	1 Tbsp	35	2	1	0	0	10	5	0	5	0
Cremer, Reese's	Milk Derivatives	Tree Nuts, Soy	1 Tbsp	35	2	1	0	0	25	5	0	5	0
Cremer, Twinkies	Milk, Derivatives		1 TBSP	35	2	1	0	0	10	5	0	5	0
Cremer, Wonka Fudgy Caramel	Milk Derivatives	Tree Nuts, Soy	1 Tbsp	35	1.5	0.5	0	0	10	5	0	5	0



Nutrition Information

DESSERT

	Contains:	May Contain:	Serving Size	Calories	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugar (g)	Protein (g)
Cannoli Filling	Milk	Peanuts, Tree Nuts, Eggs, Soy, Wheat	1.9 Ounces	160	7	4	0	25	40	19	0	18	5
Cannoli Shell	Soy, Wheat	Milk, Eggs, Soy	1 Shell	45	2	1	0	0	0	6	0	1	1
Chocolate Peanut Butter Bars	Eggs, Milk, Peanuts, Soy, Wheat		OZ	310	20	12	0	40	220	28	1	13	5
Cupcake, Chocolate Chip Cookie	Egg, Milk, Soy, Wheat		Cupcake	390	22	9	0	30	180	46	1	36	2
Cupcake, Oreo	Egg, Milk, Soy, Wheat		Cupcake	380	21	9	0	30	170	46	0	37	2
Cupcake, Peanut Butter	Peanuts, Egg, Milk, Soy, Wheat		Cupcake	390	24	8	0	25	250	38	0	28	6
Cupcake, Vanilla with Sprinkles	Egg, Milk, Soy, Wheat		Cupcake	390	21	9	0	30	170	47	0	37	2
Fortune Cookie	Soy, Wheat		1 Cookie	110	0	0	0	0	10	25	0	9	2
Funnel Cake Fries			2.5 Ounces	160	6	3	0	20	170	24	0	8	2
Hershey's Pie			1 EA	190	21	130	0	5	180	32	1	23	3
Janey Chocolate Chunk Cookie	Milk, Eggs, Soy, Wheat		1 Cookie	190	9	4	0	10	330	27	1	15	2
Janey Oatmeal Rasin Cookie	Milk, Eggs, Soy, Wheat		1 Cookie	180	8	3	0	10	125	25	1	12	3
Janey Peanut Butter Cookie	Milk, Eggs, Soy, Wheat		1 Cookie	200	11	4	0	10	310	23	1	12	4
Janey Pumpkin Chocolate Chip Cookie (Seasonal)	Soy, Wheat		1 Cookie	320	14	3	0	0	230	47	2	27	3
Plain Cheesecake	Wheat, Milk, Egg, Soy	Peanuts and Tree Nuts	1 slice	371	26	17	1	116	329	30	1	21	6



Nutrition Information

DRINKS

	Contains:	May Contain:	Serving Size	Calories	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugar (g)	Protein (g)
Caramel Pecan Cappuccino	Milk		8 Fluid Ounces	180	2	2	0	0	180	41	0	30	1
Large Caramel Shake	Milk		24 Ounces	702	35	22	0	82	368	98	0	90	1
Medium Caramel Shake	Milk		16 Ounces	500	25	16	0	61	240	68	0	63	1
Large Chocolate Shake	Milk		24 Ounces	622	19	14	0	38	383	108	2	94	7
Medium Chocolate Shake	Milk		16 Ounces	495	15	11	0	32	271	86	2	74	5
Large Chocolate Hazelnut Shake	Milk		24 Ounces	871	35	23	0	80	364	106	3	122	2
Medium Chocolate Hazelnut Shake	Milk		16 Ounces	641	26	16	0	60	257	76	2	90	1
Large Chocolate Peanut Butter Shake	Milk		24 Ounces	888	55	20	0	38	625	93	5	79	18
Medium Chocolate Peanut Butter Shake	Milk, Nuts		16 Ounces	761	50	16	0	32	512	71	4	58	16
Large Chocolate Raspberry Shake	Milk		24 Ounces	898	35	23	0	80	338	145	3	129	2
Medium Chocolate Raspberry Shake	Milk		16 Ounces	669	26	16	0	60	236	109	2	96	1
Cinnabon Cappuccino (seasonal)	Milk, Soy		8 Fluid Ounces	180	2	2	0	0	170	42	0	31	1
Cold Brew Concentrate			8 Fluid Ounces	15	0	0	0	0	5	3	0	0	1
Chocolate Xtreme Shake	Milk		16 Ounces	622	19	14	0	38	383	108	2	94	7
Large Cotton Shake	Milk		EA	725	34	22	0	81	336	104	0	97	0
Reg Cotton Candy Shake	Milk		EA	498	25	16	0	61	244	68	0	63	0
English Toffee Cappuccino	Milk		9 Fluid Ounces	100	2	2	0	0	140	19	0	14	1
French Vanilla Cappuccino	Milk, Soy		8 Fluid Ounces	190	2	2	0	0	200	41	0	32	2
French Vanilla Cappuccino, Sugar Free			8 Fluid Ounces	70	0	0	0	0	105	17	0	0	0
Frozen, Jolly Rancher Watermelon			12 Fluid Ounces	90	0	0	0	0	0	23	0	22	0
Hot Cocoa with Hershey's	Milk, Soy		8 Fluid Ounces	180	1	1	0	0	150	43	0	35	1
Lemonade Syrup			1 Pump	70	0	0	0	0	10	19	0	17	0
Medium Egg Nog Shake (LTO)	Milk		16 Ounces	1045	24	22	0	12	468	196	0	175	9
Mint Shake Reg	Milk		16 Ounces	456	10	8	0	28	319	83	0	76	6
Mocha Xtreme Cappuccino	Milk		8 Fluid Ounces	90	1	1	0	0	115	20	0	14	1
Pop Tart, Smores	Egg, Milk, Soy, Wheat		EA	370	9	3	0	0	390	67	1	35	5
Reg Orange Cream Shake	Milk		EA	445	5	8	0	28	278	82	0	76	1
Lg Orange Cream Shake	Milk		EA	655	14	11	0	36	381	123	0	115	8
Peach Mango Smoothie Syrup			1 Pump	40	0	0	0	0	10	0	0	8	1
Large Peanut Butter Shake	Milk, Nuts		24 Ounces	1240	88	31	0	80	686	110	6	95	18
Medium Peanut Butter Shake	Milk, Nuts		16 Ounces	823	61	22	0	60	464	68	4	58	12
Peppermint White Chocolate Cappuccino	Milk, Soy		8 Fluid Ounces	150	4	4	0	0	210	29	0	21	1
Pina Colada Smoothie Syrup	Milk		1 Pump	40	0	0	0	0	20	10	0	7	1
Pumpkin Spice Cappuccino (seasonal)	Milk, Soy		8 Fluid Ounces	180	2	2	0	0	170	42	0	30	1
Reese's Cappuccino	Milk		8 Fluid Ounces	180	2	2	0	0	290	41	0	29	2



Nutrition Information

	Contains:	May Contain:	Serving Size	Calories	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugar (g)	Protein (g)
Red Bull 8.4 oz			8.4 Fluid Ounces	110	0	0	0	0	105	28	0	27	0
Red Bull 8.4 oz Sugar Free			8.4 Fluid Ounces	5	0	0	0	0	105	3	0	0	0
Rutter's Decaf Espresso			8 Fluid Ounces	2	0	0	0	0	5	0	0	0	0
Rutter's Regular Espresso			8 Fluid Ounces	2	0	0	0	0	5	0	0	0	0
Rwanda Blend				6									
Salted Caramel Hot Chocolate	Milk		9 Fluid Ounces	90	1	0	0	0	160	20	0	14	1
Smoothie Creme			1 Scoop	75	2	2	0	0	72	15	0	13	0
Smores Cappuccino	Milk		8 Fluid Ounces	120	2	1	0	0	180	29	0	22	1
Strawberry Smoothie Syrup	Milk		1 Pump	35	0	0	0	0	10	9	0	7	0
Lg Strawberry Shake	Milk		1 Cup	545	10	8	0	11	309	111	0	104	352
Reg Strawberry Shake	Milk		1 Cup	363	7	6	0	9	224	73	0	67	264
Triberry Smoothie Syrup	Milk		1 Pump	45	0	0	0	0	5	9	0	9	0
Large Vanilla Shake	Milk		24 Ounces	725	34	22	0	81	336	104	0	97	0
Medium Vanilla Shake	Milk		24 Ounces	498	25	16	0	61	244	68	0	63	0
Vanilla Xtreme Shake	Milk		16 Ounces	725	34	22	0	81	336	104	0	97	0
Unicorn Cappuccino	Milk		8 Fluid Ounces	180	2	2	0	0	180	41	0	29	1
Large White Chocolate Raspberry Shake	Milk		24 Ounces	835	35	23	0	84	423	129	0	119	1
Medium White Chocolate Raspberry Shake	Milk		16 Ounces	608	26	17	0	63	290	93	0	87	1
EGGS													
Devilled Egg, White	Eggs, Soy		4 EA	350	31	6	0	340	320	4	0	1	11
Devilled Egg, Red Beet	Eggs, Soy		1 EA	130	12	3	0	220	95	3	0	1	5
Egg, Cage Free Liquid	Eggs		1 Fluid Ounce	70	5	2	0	210	65	1	0	0	6
Egg White Patty	Eggs		1 EA	25	0	0	0	0	150	1	0	0	4
Scrambled Egg Patty	Eggs, Milk		1 Patty	60	4	1.5	0	120	150	1	0	0	4
EXTRAS													
Almond Joy	Milk, Soy, Almonds, Coconut, Sulfites (>=10Ppm)	Peanuts	1.9 G	91	5	3	0	1	27	11	1	9	1
Cinnamon Sugar			.25 Tsp	0	0	0	0	0	0	1	0	1	0
Crushed Oreos	Wheat		.95 Ounce	130	5	2	0	0	105	20	1	11	1
Kit Kat	Milk, Soy, Wheat	Peanuts	42 G	210	11	7	0	0	30	27	1	22	3
Blueberry Muffin Kit Kat	Milk, Wheat, Soy		1 Package	160	9	5	0	0	25	21	0	15	1
Kit Kat Duos	Milk, Soy, Wheat	Peanuts	42 G	210	12	8	0	0	25	27	1	19	2
Kit Kat Fruity Cereal	Milk, Soy, Wheat	Peanuts	42 G	220	12	7	0	0	35	27	0	19	2
Mini Chocolate Chips	Milk		1 Tbsp	70	4	3	0	0	0	10	1	8	1



Nutrition Information

	Contains:	May Contain:	Serving Size	Calories	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugar (g)	Protein (g)
Powder, Chocolate			1 Tsp	15	0	0	0	0	0	4	0	3	0
Powder, Cinnamon			1 Tsp	15	0	0	0	0	0	4	1	3	0
Powder, Vanilla			1 Tsp	15	0	0	0	0	0	4	0	4	0
Powdered Sugar			1.06 Ounces	120	0	0	0	0	0	30	0	29	0
Reddi Whip	Milk		2.00	15	1	1	0	0	0	1	0	1	0
Saltine Crackers	Wheat		1 Cracker	25	1	0	0	0	90	5	0	0	1
Sauce, Caramel	Milk		1 Pump	57	0	0	0	1	36	13	0	12	1
Sauce, Dark Chocolate			1 Pump	57	0	0	0	0	9	13	1	11	0
Sauce, White Choc	Milk		1 Pump	55	0	0	0	1	40	12	0	11	0
Reese's Peanut Butter Sauce	Peanuts, Milk, Soy			190	18	3	0	0	130	6	2	3	6
Butter Pecan Syrup			2 tbsp	90	0	0	0	0	0	23	0	23	0
Syrup, Blueberry			TBSP	90	0	0	0	0	0	23	0	23	0
Syrup, Blueberry (seasonal)			1 Pump	23	0	0	0	0	0	6	0	6	0
Syrup, Cinnamon Bun (seasonal)			1 Pump	273	0	0	0	0	3	67	0	67	0
Syrup, Cinnamon			1 Pump	275	0	0	0	0	3	67	0	67	0
Syrup, Classic			1 Pump	28	0	0	0	0	0	7	0	7	0
Syrup, Hazelnut			1 Pump	28	0	0	0	0	0	7	0	7	0
Syrup, Hazelnut			1 Pump	90	0	0	0	0	0	22	0	22	0
Syrup, Pumpkin			1 Pump	60	0	0	0	0	0	16	0	16	0
Syrup, Raspberry			1 Pump	28	0	0	0	0	1	7	0	7	0
Syrup, Raspberry			1 Pump	80	0	0	0	0	0	21	0	21	0
Syrup, SF Vanilla			1 Pump	0	0	0	0	0	0	0	0	0	0
Syrup, Vanilla			1 Pump	28	0	0	0	0	0	7	0	7	0
Syrup, French Vanilla			TBSP	90	0	0	0	0	0	0	24	24	0
Syrup, Caramel			TBSP	90	0	0	0	0	55	23	0	23	0
Syrup, Real Sugar			1 Pump										
Reese's Peanut Butter Cup	Peanuts, Milk, Soy		42 G	220	13	5	0	1	150	24	2	22	5
Syrup, Peppermint Mocha			2 Tbsp	60	0	0	0	0	0	16	0	16	0
York Peppermint Patty	Eggs	Peanuts, Wheat, Sulfites (>=10Ppm), Yellow #5	39 G	150	3	2	0	0	10	32	1	26	1
FRUIT													
Apple			1 Apple	130	0	0	0	0	0	34	5	25	1
Banana			1 Banana	110	0	0	0	0	0	30	3	19	1
Orange			1 Orange	80	0	0	0	0	0	19	3	14	1



Nutrition Information

MEATS

	Contains:	May Contain:	Serving Size	Calories	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugar (g)	Protein (g)
All Beef Dog			1 Hot Dog	280	0	11	26	55	810	1	0	0	11
Angus Burger			EA	270	21	8	2	75	360	1	0	0	18
Bacon			1 Slice	70	6	2	0	20	250	0	0	0	5
Chicken Chunks	Soy, Wheat		.85 Ounce	160	6	1	0	30	610	13	1	0	13
Chicken Strips	Wheat		2 EA	190	9	2	0	40	310	11	1	0	16
Chicken Wings	Soy, Wheat		1 Wing	150	9	3	0	75	550	4	0	0	13
Corned Beef			2 Ounces	80	5	2	0	30	650	0	0	0	3
Corn Dogs	Milk, Eggs, Wheat, Soy		EA	210	9	3	0	20	440	25	1	7	6
Cubed Sweet Bologna			OZ	110	5	2	0	25	620	8	0	7	8
Grilled Chicken Breast			1 Breast	120	3	1	0	85	580	1	0	0	23
Ham, Capicola			1 Slice	15	1	0	0	6	145	0	0	0	2
Ham, Pepper			1 Slice	15	1	0	0	3	170	1	0	0	3
Hot Dog			1 Hot Dog	170	16	6	0	35	490	1	0	0	6
Meatballs, Italian			EA	260	19	6	0	45	670	7	2	0	18
Pastrami			2 Ounces	70	4	2	0	30	600	0	0	0	9
Philly Steak	Soy		3.50 Ounces	180	11	4	0	55	470	2	0	2	19
Pork Belly			1 Slice	116	12	5	0	18	201	1	0	0	2
Pulled Pork			2 Ounces	140	9	4	0	50	290	2	0	2	13
Roast Beef			1 Ounce	35	1	0	0	13	180	1	0	0	6
Salami			1 Slice	35	3	1	0	8	133	0	0	0	2
Sausage, Fresh Breakfast			1 Sausage	280	25	8	0	55	660	2	0	1	12
Sausage Patty			1 Patty	140	12	4	0	30	370	1	0	0	7
Sausage, Rajun Cajun			1 Sausage	250	22	8	0	50	790	1	0	0	11
Sausage, Smoked			1 Sausage	260	23	8	0	55	790	1	0	0	11
Sausage, Smoked Cheddar	Milk		1 Sausage	230	19	7	0	40	950	3	0	2	11
Sliced Ham			1 Slice	60	2	1	0	30	620	1	0	1	9
Sliced Pepperoni 13ct			8 Slices	83	8	3	0	17	303	0	0	0	4
Sliced Turkey			2 Slices	60	1	1	0	25	590	0	0	1	12
Spam			1 Slice	230	21	7	0	50	830	2	0	1	9
Sweet Bologna, Sliced			1 Slice	28	1	1	0	6	155	2	0	2	2
Taco Meat	Soy		1 Ounce	56	4	2	0	10	179	1	1	0	4
Turkey Bacon			3 Slices	60	3	1	0	25	260	1	0	1	7
Turkey Sausage Patty			1 Patty	90	7	2	0	40	280	0	0	0	7



Nutrition Information

	Contains:	May Contain:	Serving Size	Calories	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugar (g)	Protein (g)
MILK													
Milk, 2%	Milk		1 Cup	120	5	3	0	20	120	12	0	12	8
Milk, Birthday Cake (LTO)	Milk		1 Cup	230	8	5	0	35	120	30	0	29	8
Milk, Chocolate	Milk		1 Cup	210	8	5	0	30	180	30	0	28	8
Milk, Cotton Candy	Milk		1 Cup	230	8	5	0	35	180	28	0	26	8
Chocolate Chip Mint Milk	Milk		1 cup	230	8	5	0	35	180	28	0	26	8
Milk, Egg Nog (LTO)	Milk, Eggs		1 Cup	190	9	6	0	55	45	24	0	23	4
Milk, Half & Half	Milk		1 Tbsp	40	4	2	0	15	20	1	0	1	1
Orange Cream Milk	Milk		Ounces	210	8	5	0	35	125	27	0	26	8
Milk, Pumpkin Pie (Seasonal)	Milk		1 Cup	250	8	5	0	35	160	37	0	35	23
Milk, Skim	Milk		1 Cup	90	0	0	0	5	105	12	0	12	8
Strawberry Milk	Milk		1 Cup	200	7	4	0	20	105	29	0	29	7
OTHER													
7" Personal Pizza	Milk, Wheat	Soy	1 Pizza	646	20	12	0	41	1099	89	4	9	28
Beef & Cheese Empanadas	Wheat, Milk		1 Empanada	240	14	6	0	25	360	20	1	0	8
Beef and Cheese Pastry	Wheat, milk, and soy.		1 Pastry	410	23	14	0	30	648	34	2	2	15
Black Bean Burger	Milk, Eggs, Soy, Wheat		1 Patty	170	5	1	0	0	450	26	9	3	15
Broccoli Florets			.5 Cup	15	0	0	0	0	15	3	1	1	1
Chicken & Cheese Empanadas	Wheat, Milk		1 Empanada	220	11	5	0	25	370	20	1	0	9
Chicken Salad	Egg, Wheat, Soy,		OZ	310	26	4	1	55	320	5	0	2	15
Fried Chicken Breast	Wheat		EA	230	9	2	0	55	750	19	1	0	19
Egg Roll	Eggs, Fish, Soy, Wheat		1 EA	180	9	3	0	10	490	20	2	3	7
Egg, Sausage, Cheese Sauce, Cheddar Cheese & Potato Empanada	Egg, Wheat, Milk		1 Empanada	220	12	4	0	50	370	20	1	1	7
Lo Mein Kit	Soy, Wheat, Shellfish		3.5 Ounces	280	15	2	0	0	820	33	1	10	4
Moms Roni Roll	Soy, Wheat, Milk		1 Roll	320	15	7	0	30	500	31	0	4	13
Perfect Burger Patty			1 Patty	230	13	2	0	0	380	8	4	0	20
Philly Cheesesteak Traveller	Gluten (wheat), milk and soy.	Egg	1 Pastry	339	14	8	0	0	710	36	0	1	16
Southwest Brekkie Traveller	Wheat, Milk, Soy		EA	340	15	9	0	6	830	39	8	5	8
Mini Classic Cheddar Pierogies	Wheat, Soy, Milk, Egg		EA	220	3	1	0	15	540	41	1	1	7
Plant Based Burger	Soy		1 Burger	280	21	5	0	0	410	12	8	1	19
Snow Peas			1 Ounce	12	0	0	0	0	1	2	1	1	1
Tuna Salad	Egg, Wheat, Soy,		OZ	260	20	4	0	30	520	8	0	4	10
Waffle, Belgian Style	Egg, Milk, Soy, Wheat		1 Waffle	320	16	6	0	20	340	40	0	19	5
Whole Grain French Toast Stick	Eggs, Wheat		1 Stick	70	2	1	0	42	107	9	1	3	3
Wok Beef Strips			1 Ounce	40	1	0	0	17	142	1	0	0	6
Wok Chicken Strips	Milk, Soy		1 Ounce	33	0	0	0	15	110	1	0	0	6
Wok Fried Rice	Egg, Milk, Soy		3.5 Ounces	120	1	0	0	10	330	24	0	2	4



Nutrition Information

	Contains:	May Contain:	Serving Size	Calories	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugar (g)	Protein (g)
ROLLER GRILL													
Buttermilk Ranch Rollerbite	Milk, Soy, Wheat		1 Rollerbite	190	10	3	0	35	470	12	0	1	11
Buffalo Chicken Rollerbite	Milk, Soy, Wheat		1 Rollerbite	190	8	3	0	30	820	15	0	2	14
Hot Honey Rollerbite	Milk, Soy, Wheat		1 Rollerbite	190	11	3	0	40	560	12	1	1	12
Tornado - Bacon Egg & Cheese	Milk, Eggs, Wheat		1 Tornado	180	7	2	0	40	300	22	1	1	6
Tornado - French Toast & Sausage	Wheat, Milk, Soy, Eggs		1 Tornado	190	9	2	0	25	400	22	1	1	7
Tornado - Pepperjack	Milk, Wheat		1 Tornado	200	9	4	0	10	380	23	1	1	6
Tornado - Pepperoni & Cheese	Milk, Wheat		1 Tornado	210	10	4	0	20	320	21	0	1	8
Tornado - Sausage, Egg, and Cheese	Milk, Eggs, Soy, Wheat		1 Tornado	190	9	2	0	30	290	22	1	1	6
SEAFOOD													
Crab Cakes			1 EA	140	8	3	0	10	410	15	0	2	4
Fried Shrimp	Shellfish, Wheat	Fish	8 Shrimp	230	10	2	0	80	630	20	1	0	11
Tavern Cod Strips	Milk, Fish, Wheat		3 Ounces	150	7	2	0	20	320	12	0	0	10
SIDES													
Cheese Curds	Milk, Wheat, Eggs		OZ	500	34	24	0	115	850	20	3	0	28
Coleslaw	Eggs,		1 Ounce	55	4	1	0	4	95	5	1	4	0
Corn Nugget	Milk, Wheat, Soybean		EA	280	10	2	0	0	730	45	2	16	4
Hash Brown Bites			3 Ounces	170	9	1	0	0	360	20	2	0	2
French Fries	Wheat		3 Ounces	190	7	1	0	0	450	29	3	0	2
Jalapeno & Cream Cheese Bite	Milk, Wheat		EA	180	8	5	0	25	790	23	1	2	4
Jalapeno Bite w/ Cream Cheese	Milk, Wheat		EA	180	8	5	0	25	790	23	1	2	4
Mac & Cheese	Milk, Wheat, Eggs		6.98 Ounces	320	16	9	1	50	790	30	1	5	13
Mac & Cheese Bites	Milk, Wheat		4 Bites	240	13	4	0	10	680	25	1	0	6
Mozzarella Stick	Milk, Wheat		EA	260	14	6	0	30	880	21	0	2	12
Onion Rings	Milk, Wheat		3.21 Ounces	180	7	1	0	0	440	26	2	4	2
Pickle Fries	Milk, Wheat		2.86 Ounces	160	7	1	0	0	720	23	1	1	2
Potsticker, Chicken Teriyaki	Wheat, Soy			165	2	0	0	28	472	24	2	3	11
Pretzel Bites	Soy, Wheat		3.50 Ounces	250	2	1	0	0	220	51	2	11	7
SOUP													
Chicken Corn Soup	Egg, Milk, Soy, Wheat		Cup	130	2	0	0	35	950	23	2	7	8
Chicken Noodle Soup	Eggs, Milk, Soy, Wheat		8 Fluid Ounces	90	2	1	0	20	1070	12	1	2	6
Chili Soup with Beans			8 Fluid Ounces	200	7	3	0	25	660	22	6	8	12
Pot Pie	Eggs, Wheat		8 Fluid Ounces	220	10	3	0	30	730	19	1	1	14